



upcoming event!

## family support group

### date

2nd Wednesday of the month

### time

5:30 – 7 p.m.

### location

allcove Beach Cities  
Located at Beach Cities Health District  
514 N. Prospect Avenue, 4th floor  
Redondo Beach, CA 90277



A group of families helping other families who live with mental health challenges by utilizing their collective lived experiences and learned wisdom.



[Register here](#)



**@allcovebeachcities**

(310) 374-5706

**allcove Beach Cities**  
Located at Beach Cities Health District  
514 N. Prospect Avenue, 4th floor  
Redondo Beach, CA 90277

### current hours

**Tuesday – Friday**  
1 – 7 p.m.  
**Saturday**  
10 a.m. – 2 p.m.

Visit [allcove.org/beach-cities](https://allcove.org/beach-cities) for more information.