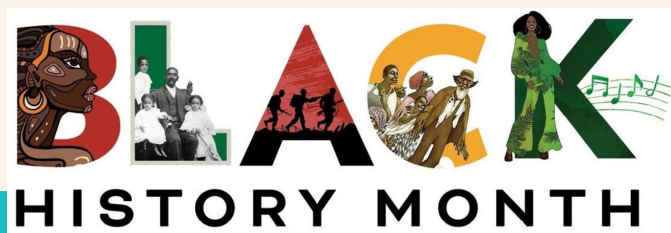


# Counseling Corner

FEBRUARY MONTHLY NEWSLETTER

## BLACK PIONEERS IN MENTAL HEALTH

This week marks the start of Black History Month. Black Americans have made incredible contributions to the mental health field. Mental Health America has put together a powerful list of pioneers who have fought to understand and challenge racism and inequity in mental health care. Click [here](#) to learn more about these trailblazers.



## HISTORICALLY BLACK COLLEGES & UNIVERSITIES VIRTUAL COLLEGE FAIR

Please join Destiny Education Project and Opportunity Exposed Inc. as they bring you a wealth of information about Historically Black Colleges and Universities. Hear from former and current students as well as notable HBCU's.

You may register using the link below:

[HBCU Virtual Fair Registration](#)

**DREAM** like Martin  
**HELP** like Harriet  
**FIGHT** like Frederick  
**SPEAK** like Sojourner  
**INVENT** like Madam C.J.  
**WRITE** like Langston  
**DARE** like Rosa  
**CREATE** like Quincy  
**INSPIRE** like Maya  
**LEAD** like Barack

**Black History  
is American History**

## EL CAMINO COLLEGE (ECC) & SANTA MONICA COLLEGE (SMC) PROMISE PROGRAMS

Paying for college can be intimidating. Take a look at each of the Promise Programs at our local community colleges to see how you can be eligible to have your tuition and fees paid for, for up to 2 years:



[ECC South Bay Promise Program](#)  
[SMC Promise Program](#)



## DUAL ENROLLMENT

Interested in taking college courses as a high school student and earning college credit? Look into taking a class this summer through El Camino College (ECC). Click on the links below for further information:

[Steps for Dual Enrollment](#)  
[Dual Enrollment Form](#)  
[Class Schedule](#)

**HOW TO EARN  
COLLEGE CREDIT  
THROUGH DUAL  
ENROLMENT ?**

## NACAC COLLEGE FAIRS

Attending college fairs is a great way to learn more about different colleges and universities. This is also a good way to determine whether or not these institutions are a good fit for you. Consider attending an in-person or virtual college fair.

[NACAC College Fairs](#)

Here is a [guide](#) to help you make the most of your college fair experience.



## SCHOLARSHIP OPPORTUNITIES



It is never too early to start applying for scholarships. Take a look at the various scholarship search engines below and start applying now.

- [Fastweb](#)
- [Scholarships.com](#)
- [RaiseMe](#)
- [finaid](#)

**SENIORS!!!** Take a look at the following [list](#) for scholarship opportunities.

## CAREER & TECHNICAL EDUCATION MONTH

If you're looking for a job in a technical field or specific occupation, El Camino College (ECC) has the courses you need to get a head start on a great career. Take a look at an extensive list of their technical programs:

[ECC Career Education Programs](#)

Connect with your respective counselor if you have any further questions. We are here to support you with your post high school plans.



## PARENT RESOURCES

Here are some resources that we hope you find helpful as you continue to support your children's emotional and mental wellbeing.

- [School Avoidance 101](#)
- [Understanding Feelings](#)
- [Raising Resilient Kids](#)
  - [FREE parent virtual chat series](#)
- [Supporting Kids Self-Esteem](#)



## SUMMER PROGRAMS

Interested in getting ahead and earning college credit, take a look at the following programs at some of our local 4 year universities:

[UCLA Summer Sessions](#)  
[USC Summer Programs](#)  
[LMU Summer Programs](#)  
[CSULB Youth Scholars Program](#)

earn  
**COLLEGE**  
credit

## ON THE HORIZON

The DVS counseling team is working hard to prepare for the following events:

- 9th and 10th grade College Planning Meetings
- 11th grade CSU/UC GPA calculation
- 11th grade Individual College Planning Meetings
- Personality and Intelligence Surveys for all students

Exact dates and times are forthcoming.



## The DVS Counseling Team

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