



Monday	Tuesday	Wednesday	Thursday	Friday		
•	crispy chicken sandwich (df)	beef cheeseburger	buffalo chicken "crunchadilla"	red chile chicken tamale		Did You
•	chicken taco trio	• cheese pizza (v)	chicken teriyaki (df)	bean & cheese quesadilla (v)		
•	veggie chef's salad (v)	• sesame chicken wrap (df)	chillin' chinese chicken noodles	honey mustard chicken wrap		Know?
• (v	sunny sandwich kit (sunbutter & jelly)	turkey & cheddar sandwich	cheddar cheese sandwich (v)	ham & cheese sandwich		
T	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		Revolution Foods
0	baby carrots & warm pinto beans 1	o lettuce & tomatoes with ranch	∘ island glazed carrots 3	o chili citrus corn	4	serves fresh food
rainbow veggie pizza	the revolution dog (df)	bean & cheese pupusa (v)	five cheese lasagna (v)	cheese pizza panada pie (v)		made with real ingredients. There's
• firecracker chicken & noodles	hearty veggie chili & cornbread (v)	buffalo chicken sandwich	lone star bbq chicken sandwich	chicken bites (df)		a lot you won't find
honey mustard salad with grilled chicken	sesame chicken salad	santa fe chili chicken & black bean wrap	chicken caesar salad	veggie taco salad (v)		in our meals
	egg salad sandwich (v) (df)	turkey & cheddar sandwich	 sunny sandwich kit (sunbutter & jelly) (v) 	chicken salad sandwich (df)		including:
• Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		No artificial colors,
∘ green peas 7 ∘	seasoned green beans (chilled)	o baby carrots with ranch	∘ blanched broccoli (chilled) 10	o grape tomatoes & three bean salad	11	flavors, or sweeteners.
• crispy chicken sandwich (df)	popcorn chicken with bbq bean sauce	beef cheeseburger	meatless "sausage" calzoni			No high fructose
• spaghetti marinara (v)	bean & cheese quesadilla (v)	potstickers with "not so fried" rice	chili citrus drumstick and rice (df)	PD		corn syrup, MSG.
• chicken caesar wrap (df)	southwest veggie wrap (v)	• veggie chef's salad (v)	ham & cheese sandwich			No partially or fully
• turkey & cheddar sandwich	chicken salad sandwich (df)	mighty meaty deli combo sandwich	 sunny sandwich kit (sunbutter & jelly) (v) 	Day		hydrogenated fats or
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit			oils No added
o steamed corn 14 o	island glazed carrots 15	o lettuce & tomatoes with ranch 16	∘ sliced cucumber 17		18	nitrites/nitrates
` '	bfast for lunch: pancakes & omelet (v)	• bean & cheese pupusa (v)	• the revolution dog (df)	chicken taco trio		
chorizo & cheese eggwich (egg sandwich)	buffalo chicken pizza	• oven roasted chicken sandwich (df)	cheesy ravioli (v)	hot meatball sub		
· ·	honey mustard chicken wrap	• sesame chicken wrap (df)	veggie taco salad (v)	garden ranch salad with chicken		
sunny sandwich kit (sunbutter & jelly) (v) •	mighty meaty deli combo sandwich	• chicken salad sandwich (df)	turkey & cheddar sandwich	• egg salad sandwich (v) (df)		Lunch : choice of 1% or fat- free milk; fresh fruit available
• Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit		daily.
	grape tomatoes & edamame eans (chilled)	o celery sticks with ranch 23	∘ blanched broccoli (chilled) 24	○ island glazed carrots	25	Dairy-free (DF) and
Holiday	cheese pizza panada pie (v)	beef cheeseburger	cheesy chicken quesadilla		<u>-</u>	vegetarian (VG) options available daily – if not listed on the menu, available upon request.
	chicken enchilada plate	• cheesy pizza bites (v)	hearty veggie chili & cornbread (v)			
	southwest veggie wrap (v)	honey mustard salad with grilled chicken	chillin' chinese chicken noodles			
	mighty meaty deli combo sandwich	turkey & cheddar sandwich	ham & cheese sandwich			 Vegetable of the day
	Fresh Fruit	Fresh Fruit	Fresh Fruit			This institution is an equal opportunity provider
28 •	chili citrus corn 29	o lettuce & tomatoes with ranch 30	o island glazed carrots 31			
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