

# Counseling Corner

Da Vinci Science High School 2020-2021

Week 25: March 1st-5th

## Virtual Town Hall Meeting for Da Vinci Families

We invite Da Vinci parents/guardians and community members to attend a Virtual Town Hall meeting on March 2nd at 6:30PM to solicit your feedback on the steps being taken for a phased-in return to campus between April 12th-June 9th. Join us!



Meeting ID: 957 4305 28841  
Dial-In Number: (669) 900 6833



## College Planning Meetings This Week!

The DVS Counseling Team will be hosting meetings on post-DVS planning during Grade Level Time.  
Click grade level for Zoom link.

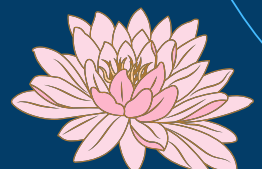
9th Grade: Tuesday, 3/2/21 at 9am  
10th Grade: Wednesday, 3/3/21 at 9am  
11th Grade: Thursday, 3/4/21 at 9am

***Parents and students, please join us!***

Tips and tricks to stay motivated during distance learning



Insight and tips on procrastination  
Staying Motivated  
Practicing Mindfulness  
Zoom Fatigue and Simple Fixes



Here's to strong  
women

May we know them.  
May we raise them.  
May we be them.



MARCH IS WOMEN'S HISTORY MONTH  
HERE ARE 5 WAYS YOU CAN CELEBRATE

- WRITE A THANK YOU NOTE TO A WOMAN THAT INSPIRES YOU
- WATCH AN INSPIRING TED TALK: TEACH GIRLS BRAVERY, NOT PERFECTION
- LIFT UP THE WOMEN AROUND YOU, BECAUSE WE ARE STRONG WHEN WE WORK TOGETHER
- WATCH A FILM DIRECTED BY A WOMAN WITH FEMALE LEADS
- PRACTICE SELF-CARE. YOU DESERVE IT!!



**Counseling Office Hours:  
Mondays & Thursdays: 2:45pm-3:15pm**

Ms. Valle (A-F): [cvalle@davincischools.org](mailto:cvalle@davincischools.org)

Ms. Ruiz (G-M), password: Ruiz: [cruiz@davincischools.org](mailto:cruiz@davincischools.org)

Ms. Rodriguez (N-Z): [fr Rodriguez@davincischools.org](mailto:fr Rodriguez@davincischools.org)  
(Click Counselor name for Zoom link)

**Parent/Guardian Office Hours:**

Open forum for parents/guardian to ask general (non-personal) questions.  
Every first Wednesday of the month: 2:45pm-3:15pm ZOOM LINK

For additional resources from the Da Vinci Science counselors, please visit the Counseling Corner webpage.