

Da Vinci Science 2020-2021

Counseling Corner

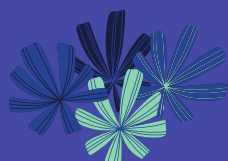
Week 19: January 18-22

The Function of Education is to teach one to think intensively and to think critically.
- Dr. Martin Luther King

UPCOMING VIRTUAL COLLEGE FAIRS

- The National Association of College Admission Counselors (NACAC) is hosting a variety of college fairs in the coming months. The first NACAC Virtual College Fair of the year is Sunday, January 31 from 1-7 p.m. (EST) Free registration and information on this and future NACAC college fairs can be found [Here](#).
- Black College Expo Virtual College Fair is a 2-Day event, running February 19th and 20th. Resources and workshops include: experience for students to get access to colleges, highlighting HBCUs: historically black colleges and universities, and other educational programs. Registration and information is found [here](#).

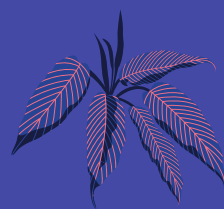
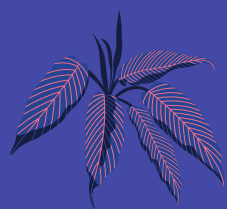
This week is an important one for our nation as we welcome President Biden and Vice President Harris into the White House. [Here](#) are some tips on how to speak to kids and teens about the recent events at our nations capitol. And [here](#) are tips on civility and coping with the political climate. Please know that the DVS Counseling Team is always here to support students through this transition.



DON'T FORGET TO BREATHE!

BEING HUMAN, WE FORGET THE WONDER OF BREATHING. WE TAKE IT FOR GRANTED. IT CAN TAKE CRISIS FOR US TO APPRECIATE THIS BASIC, YET PROFOUND ABILITY. TAKE THE TIME TO WATCH THIS VIDEO AND FOLLOW THE PROMPTS TO BREATHE...

[BREATHING VIDEO](#)



COUNSELING OFFICE HOURS: MONDAYS & THURSDAYS: 2:45PM-3:15PM

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(Click Counselor name for Zoom link)