DA VINCI SCIENCE 2020-2021

Counseling Corner

Week 37: May 30 - June 4, 2021

Summer break is right around the corner, and what a year it has been! In spite of a very challenging school year, our students have once again blown us away in the progress they have made through; determination, commitment and hard work. We are so proud of them.

As we prepare for summer break, the DVS counselors would like to send you off this summer with some resources that we think will be beneficial as students prepare to transition back to in-person instruction this coming Fall.



South Bay Families Connected Parent Chat

June 28, 2021 @ 10 to 11:00 am

Provided in partnership between South Bay Families Connected (SBFC), Beach Cities Health District and Thelma McMillen Center, the Parent Chat serves between 10-15 people per week and offers its participants a confidential and supportive space to share their parenting challenges and successes. Dr. Moe Gelbart, Executive Director of the Thelma McMillen Recovery Center, is the lead moderator for the group and offers his professional insight and expertise when needed.

> Please click on the following <u>link</u> for further details and access to the SBFC Virtual Events Calendar.

South Bay Families Connected Teen Center

The SBFC Teen Center was created for South Bay youth by South Bay youth who recognize the mental health challenges that so many teens face during this challenging time as we stay safer at home together. To create connection and to share tips for wellness, they have either produced the following videos, or helped us curate them from national sources.

Explore through a variety of resources ranging from social and emotional wellness, common challenges, building positive connections, harm prevention and how to stay motivated and present during COVID-19.



Check out the SBFC Teen Center here.

Da Vinci Schools Families Connected

Take a look at Da Vinci Schools Families Connected, part of the South Bay Families Connected (SBFC) project. The intention of this platform is to provide students and families with the resources needed to help navigate challenging situations and develop healthy habits. Click here to take advantage of all these amazing resources.





In celebration of **Pride Month**, we hope to provide you with some resources and information about gender and sexual identity that will support you on your journey. Please take a look at the resources below:

- <u>The Trevor Project</u>
- Youth Advocacy Student Support
- Youth Advocacy Family Support
- South Bay LGTBQ Center
- LGBTQ+ Teen Page

DVS COUNSELING TEAM:

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