DA VINCI SCIENCE 2020-2021 COUNSELING CORNER WEEK 35: MAY 17 - 21

High Priority Assignment List

We are in the home stretch! We are so proud of the work you've done this semester. With just a few more weeks left in the semester, we encourage you to use all the resourses available to ensure you complete the semester successfully. These documents are guides for students who are at risk of not passing a class and want to know where to focus their energy during the remaining days of the semester.

9th Grade High Priority Assignment List and Daily Tracker 10th Grade High Priority Assignment List and Daily Tracker 11th Grade High Priority Assignment List and Daily Tracker 12th Grade High Priority Assignment List and Daily Tracker

You gol This

The last day to turn in work is this Friday, May 28th

Virtual Families Connected Speakers Series Presents:

"The Whole Brain Child: 12 Strategies to Nurture Your Child's Developing Mind" with Dr. Dan Siegel

> Thursday, May 27, 2021 12:00 PM 1:00 PM

Click here for more information and registration for this FREE semiar



Mindful Moments

If you are feeling stressed out, know that you are not alone. Below are some videos, suggestions and resources that can help you manage your stess in healthy ways. Click the links and practice being calm, clear and focused!

> <u>5 Ways to Prevent Stress Build Up:</u> <u>Teen Health from Nemours</u>

<u>What is meditation? What is is not?</u> <u>Why and how to do it?</u>

> <u>Stress & Coping Center:</u> <u>Teen Health from Nemours</u>

Relaxation Techniques for Stress Relief

do it for you

Important Dates and Reminders

- Course requests for the 2021-2022 school year are due May 28th. Please review the <u>Career Pathway Interest and Course Request Document</u> with your parent/guardian.
- Rising juniors and seniors can enroll in a college course at DVS through El Camino College for the fall of 2021. Course offering is *Child Development (CDEV 103) – Child Growth and Development (Synchronous).* If you are interested, make sure you <u>apply to</u> <u>El Camino College for the Fall 2021 term</u> and email your completed <u>dual enrollment</u> <u>form</u> with your student ID number and/or the application confirmation number to your school counselor by Tuesday, May 25, 2021 by 3:00pm. This course begins on 8/31/21.
- We are excited to celebrate the Class of 2021 until the remainder of the year! Please review the <u>Schedule of Senior Activities</u>. We are SO proud of your accomplishments!!
- Juniors: Please join us on Thursday, May 20th from 2pm-3pm to learn more about the Posse Foundation Scholarships. <u>You can RSVP for the session here</u>.
- Last day to submit work is Friday, May 28th!!

COUNSELING OFFICE HOURS: MONDAYS & THURSDAYS: 1:30PM-2:00PM

<u>Ms. Valle (A-F)</u>: cvalle@davincischools.org <u>Ms. Ruiz (G-M)</u> password: Ruiz: cruiz@davincischools.org <u>Ms. Rodriguez (N-Z)</u>: frodriguez@davincischools.org (Click Counselor name for Zoom link)

For additional resources from the Da VInci Science Counselors, please visit the <u>Counseling Corner webpage.</u>